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Ascent Recovery Residences is a long-term, intensively designed program to assist men in re-creating their lives in the environment of a faith-based recovery setting. We are not a treatment center. We provide recovery supports, which include housing, food, recovery groups, AA meetings, support, care coordination, recovery coaching and accountability, all within the context of a Therapeutic Community model.

Our program is quite intensive and best effective for individuals who are ready and willing to change. I measure the willingness of an individual by assessing humility and gratitude. Being a program offering a holistic approach, an individual must be physically and mentally able to work (employment) and often walk long distances. More importantly, our therapeutic community model requires an individual to be able to receive constructive criticism from his peers as well as confront peers that exhibit maladaptive behaviors. Although we have no hard rule concerning age for prospective clients, we have discovered that men in the 25-40 year old range seem to be the most receptive to the program.

We are a criminal friendly program; however, we do not accept those who have been convicted of violent crimes, sexual crimes (registered sex offenders). We look closely and consider case by case any individual that has committed a crime against any person such as assault.

If you have any questions, please do not hesitate to call me.

Sincerely,

Carl Perkins, MSW, LMSW, MAADC II, CPS

Program Director